

**North Carolina Sandhills Weed Management Area**  
**NATIVE GRASSES AND HERBS OF THE SANDHILLS REGION\***

	Scientific Name	Common Name	Life Cycle	Flowers
	<b>GRASSES</b>			
	<i>Andropogon gerardii</i>	big bluestem	perennial	Summer-Fall
	<i>Andropogon glomeratus</i>	bushy bluestem	perennial	Fall
	<i>Andropogon ternarius</i>	splitbeard bluestem	perennial	Fall
	<i>Andropogon virginicus</i>	broomsedge	perennial	Fall
	<i>Aristida stricta</i>	wiregrass	perennial	Fall
	<i>Ctenium aromaticum</i>	toothache grass	perennial	Summer
	<i>Eragrostis spectabilis</i>	purple love grass	perennial	Summer-Fall
	<i>Muhlenbergia capillaris</i>	muhly grass	perennial	Fall
	<i>Schizachyrium scoparium</i>	little bluestem	perennial	Summer-Fall
	<i>Sorghastrum nutans</i>	indiangrass	perennial	Fall
	<i>Tripsacum dactyloides</i>	eastern gamma grass	perennial	Summer-Fall
	<b>HERBS</b>			
	<i>Achillea millefolium</i>	yarrow	perennial	Spring-Fall
	<i>Amsonia tabernaemontana</i>	wideleaf blue stars	perennial	Spring
	<i>Angelica venenosa</i>	hairy angelica	perennial	Summer
	<i>Apocynum cannabinum</i>	indian hemp	perennial	Spring-Summer
	<i>Aristolochia serpentaria</i>	turpentine root	perennial	Spring
	<i>Asclepias tuberosa</i>	common butterflyweed	perennial	Spring-Summer
	<i>Asclepias variegata</i>	white milkweed	perennial	Spring-Summer
	<i>Asclepias verticillata</i>	whorled milkweed	perennial	Spring-Summer
	<i>Baptisia cinerea</i>	Carolina wild indigo	perennial	Spring-Summer
	<i>Baptisia tinctoria</i>	rattleweed	perennial	Spring-Summer
	<i>Boltonia caroliniana</i>	Carolina doll's daisy	perennial	Summer-Fall
	<i>Chamaecrista fasciculata</i>	common partridge pea	annual	Summer
	<i>Chrysogonum virginianum</i>	northern green-and-gold	perennial	Spring
	<i>Chrysopsis mariana</i>	Maryland golden-aster	perennial	Summer-Fall
	<i>Cirsium horridulum</i>	common yellow thistle	biennial	Spring-Summer
	<i>Coreopsis major var. rigida</i>	stiffleaf coreopsis	perennial	Spring-Summer
	<i>Coreopsis verticillata</i>	threadleaf coreopsis	perennial	Spring-Summer
	<i>Decodon verticillatus</i>	water willow	perennial	Summer
	<i>Eryngium integrifolium</i>	savanna eryngo	perennial	Summer-Fall
	<i>Eryngium yuccifolium</i>	northern rattlesnake master	perennial	Summer
	<i>Eupatorium hyssopifolium</i>	hyssopleaf eupatorium	perennial	Summer-Fall
	<i>Eutrochium dubium</i>	three-nerved joe-pye-weed	perennial	Summer-Fall
	<i>Gaillardia aestivalis</i>	Sandhills gaillardia	annual	Summer-Fall
	<i>Gentiana villosa</i>	striped gentian	perennial	Summer-Fall
	<i>Helenium flexuosum</i>	southern sneezeweed	perennial	Spring-Summer
	<i>Helianthus angustifolius</i>	narrowleaf sunflower	perennial	Summer-Fall
	<i>Helianthus atrorubens</i>	Appalachian sunflower	perennial	Summer-Fall
	<i>Helianthus divaricatus</i>	spreading sunflower	perennial	Summer
	<i>Houstonia caerulea</i>	common bluet	perennial	Spring
	<i>Lespedeza capitata</i>	roundhead bushclover	perennial	Summer-Fall
	<i>Liatris spicata var. resinosa</i>	dense blazing star	perennial	Summer-Fall
	<i>Liatris squarrosa</i>	scaly blazing star	perennial	Summer
	<i>Lobelia cardinalis</i>	cardinal flower	perennial	Summer-Fall
	<i>Lupinus diffusus</i>	blue sandhill lupine	perennial	Spring
	<i>Lupinus perennis</i>	wild lupine	perennial	Spring
	<i>Mimosa microphylla</i>	eastern sensitive brier	perennial	Summer
	<i>Mitchella repens</i>	partridgeberry	perennial	Spring
	<i>Monarda punctata</i>	eastern horsemint	perennial	Summer

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	<b>HERBS</b>			
	<i>Nymphaea odorata</i>	white water lily	perennial	Summer
	<i>Oenothera fruticosa</i>	sundrops	perennial	Spring-Summer
	<i>Opuntia humifusa</i>	eastern prickly pear	perennial	Spring
	<i>Parthenium integrifolium</i>	wild quinine	perennial	Spring-Summer
	<i>Penstemon australis</i>	Sandhill beardtongue	perennial	Spring-Summer
	<i>Penstemon laevigatus</i>	eastern beardtongue	perennial	Spring
	<i>Phlox nivalis</i> var. <i>nivalis</i>	moss phlox	perennial	Spring
	<i>Pycnanthemum flexuosum</i>	savanna mountain-mint	perennial	Summer
	<i>Ruellia caroliniensis</i>	Carolina wild-petunia	perennial	Spring-Summer
	<i>Salvia lyrata</i>	lyre-leaved sage	perennial	Spring
	<i>Sarracenia flava</i>	yellow pitcherplant	perennial	Spring
	<i>Sarracenia purpurea</i> var. <i>venosa</i>	southern purple pitcherplant	perennial	Spring
	<i>Sarracenia rubra</i> ssp. <i>rubra</i>	sweet pitcherplant	perennial	Spring
	<i>Saururus cernuus</i>	lizard's tail	perennial	Spring-Summer
	<i>Scutellaria integrifolia</i>	skullcap	perennial	Spring-Summer
	<i>Silene virginica</i>	fire pink	perennial	Spring-Summer
	<i>Silphium compositum</i>	rosinweed	perennial	Summer
	<i>Solidago nemoralis</i>	eastern gray goldenrod	perennial	Fall
	<i>Solidago odora</i>	licorice goldenrod	perennial	Summer-Fall
	<i>Solidago puberula</i> var. <i>pulverulenta</i>	downy goldenrod	perennial	Fall
	<i>Solidago rugosa</i> var. <i>rugosa</i>	rough-leaved goldenrod	perennial	Fall
	<i>Symphyotrichum dumosum</i>	bushy aster	perennial	Summer-Fall
	<i>Symphyotrichum novi-belgii</i>	New York aster	perennial	Fall
	<i>Symphyotrichum patens</i>	common clasping aster	perennial	Fall
	<i>Symphyotrichum pilosum</i>	white heath aster	perennial	Fall
	<i>Tephrosia virginiana</i>	Virginia goat's rue	perennial	Spring-Summer
	<i>Vernonia noveboracensis</i>	ironweed	perennial	Summer-Fall
	<i>Viola pedata</i>	bird's-foot violet	perennial	Spring
	<i>Viola primulifolia</i>	primrose-leaf violet	perennial	Spring
	<i>Zizia aptera</i>	heartleaf golden-alexanders	perennial	Spring

\* This is not a complete list of Sandhills native grasses and herbs. These species were selected based on their suitability for landscape use.